

NSS REPORT : 2019-20

Seeking the Blessings of His Holiness Shri Shri Vishwapriya Theerta Swamiji and Shri Shri Eeshapriya Theerta Swamiji, I am privileged to bring to your notice the activities of our association for the Academic Year 2019-20.

The enrolment of students for National Service Scheme for the academic year was completed in the month of June and regular activities were conducted thereafter.

Presently our NSS has a strength of 223 volunteers. There are two NSS units extending their service in Poornaprajna College, Udupi. There are 107 volunteers in unit-I and 116 volunteers in unit-II.

Ashwathkumar(II B.Sc), Ashika(II B.Sc), Bhavish(II B.Com) and Pavithra(II B.Com), were selected as the unit leaders, the former two for unit I and latter for unit II.

Under the guidance of our Principal Dr. Raghavendra A., a separate advisory council is set up, which provides time to time support.

- On 18.4.2019, 25 NSS volunteers extended their services in various polling booths within the limits of Udupi Municipality .This was widely covered and appreciated by media.
- On 24.5.2019, 50 volunteers participated in 'Vanamahotsava Programme' organised by Udupi Sri Admar Mutt at the banks of Papanashini River, Udyavara.
- On 2.6.2019, 25 NSS volunteers participated in Native Cow Breeds 'GOPURAM' exhibited at the premises of Sri Krishna Mutt and contributed for the success of the programme.
- On 05.6.2019, On the occasion of 'World Environmental Day' our volunteers participated in cleaning the beach at Padubidri.
- On 26.7.2019, an 'Orientation Programme' was conducted for the NSS volunteers of first year. Senior volunteers were successful in motivating the students towards service and nation building.
- Our NSS volunteers Ashwathkumar (2ndBsc) and Ashika (2ndBsc) attended University level 'Leadership camp held at Mangalore University, Mangalagangotri.
- Our senior NSS volunteers Aishwarya Nayak (3rdBsc) and Nagananda U N (3rdBsc) attended A 'University Level Selection' held at University Campus, Mangalagangotri, Konaje.
- Our NSS volunteer H. G. Sahana (2ndBcom) attended 7 days 'National Integrity Camp' held at Bangalore from 20.9.2019 to 26.9.2019.
- Our volunteer Ashwathkumar (2ndBsc) participated in the 'State level RD selection camp' which was held at Vishweshwaraya Technological University Belagavi from 4.9.2019 to 7.9.2019.
- On 2.8.2019, Our volunteers participated in 'Matte Kalyana Programme', which was organised by Sahamatha Vedike Sri Taralabalu Jagadguru Shakha Mutt and Udupi Basavasamiti at Town hall Udupi. Na. Mogasale, Panditharadhya Shivacharya Swami Sanehalli Mutt, Mr.Y.S.V. Datta former MLA and Mr. Nagaraj. G. M., Prof., Girls PU College Udupi, participated and interacted with students.

- On 29.8.19, Fit India Movement was launched by our honourable Prime Minister Narendra Modi, to encourage people to remain fit and healthy by including physical activities and sports in their daily life. We observed the movement by walking 10000 steps within the college campus as per the directions of UGC.
- On 31.8.2019, all volunteers actively participated in cleanliness programme, where the entire college premises and all roads connecting to the college were cleaned and awareness was created amongst the public regarding plastic free surrounding.
- On 10.11.2019, Adarsha Hospital in association with Poornaprajna College Udupi organised Walkathon to create awareness regarding Diabetes day. All volunteers participated in the programme from Ajjarkad district hospital to Adarsha Hospital and demonstrated various exercises that can keep the heart healthy.
- On 24.09.2019, on the occasion of NSS day with the aim of 'Swatchathaheseeva' Students cleaned the college campus and class rooms.

NSS Annual Special Camp: 2019-20

- From 24rd December 2019 to 30th December 2019, a 7 day Annual Special NSS Camp was successfully conducted at Poornaprajna Educational Trust Admar. Our camp included various activities like Shramadhana, visit to agricultural fields, cleaning the ground and other activities.
- Apart from this, the volunteers became aware of simplicity of village life. Various cultural programmes were organised and our volunteers took active part in them. We also provided opportunity to local people to showcase their cultural talents. Various dignitaries addressed our volunteers and they shared their knowledge on different aspects of the society by which our volunteers were deeply motivated.
- Our special thanks to the governing members of Poornaprajna Educational Trust Admar. Our sincere thanks to our Principal Dr.Raghavendra A, for all his support and motivation. We thank all staff members and senior volunteers of our college for their guidance and support.
- On 8.1.2020, our volunteers participated in the 'Paryaya Purapravesh Procession' of "Udupi Sri Admar Mutt" which began from Jodukatte at 2:30pm. Our volunteers displayed slogans creating awareness regarding various social issues. Our volunteers were also a part of cultural team who performed during the procession.
- Our volunteers assisted the activities of Paryaya and helped in distribution of nearly 15000 invitation to the residents of Udupi.
- On 16.1.2020, Our NSS volunteers participated in inter collegiate fest for NSS volunteers, organised by Canara College, Mangalore. Secured 1st place in speech and 2 nd place in Group dance.
- On 17.1.2020, our volunteers, as per the wish of his Holiness Sri Sri Eeshapriya Theerta Swamiji, actively participated in the cleaning of temple town after the Paryaya procession which was widely covered by the media and appreciated by the general public.

- Our volunteers also prepared tableau of Native Cow Breeds which was a part of Paryaya Procession.
- On 18.1.2020, we celebrated 157th birth anniversary of Swami Vivekananda by conducting various competitions related to National Youth day celebration.
- As per the guidelines of the college management and IQAC, our volunteers ensured cleanliness in the college campus by distributing the duties equally throughout the week. Our volunteers also participated in various inter collegiate events, won prizes and brought laurels to the college activities been set. NSS volunteers have actively participated in poem writing, Drawing, Slogan writing, etc on the topic of 'COVID19'.
- On 14.05.2020, NSS unit arranged "SAFETY MEASURES AGAINST COVID-19" Online Training programme to NSS volunteers on account of corona virus pandemic. Some of the NSS volunteers volunteered with interest to work in quarantine centre.
- On 6.06.2020, on the occasion of "WORLD ENVIRONMENT DAY" NSS unit of the college celebrated the day by planting the saplings in college campus with H.H.Sri Sri Vishwa Priya Theerta Swamiji and MP Shobha Karandlaje of UdupiChikmagalur district.
- We are thankful to the Management, Principal, Teaching and non-teaching staff for their support. We look forward to rendering more services to the community in the future.

JAI HIND! SHRAMAYEVA JAYATHE.....